



Northern Territory Rogaining Association

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In this Newsletter

Welcome to the Northern Territory Rogaining Association's March 2016 newsletter. This edition contains interesting information on:

- Editor's Note
- Presidential Comments
- Next Event Info
- What's happening Elsewhere – World Rogaine Championships, Australasian Championship Event. GGG Event Wrap up : Reports, map, results and photos

Editors Note:

As editor I put together reports that are written by you, the competitors/setters/vetters, and would like to thank all those involved, including at the events and people contributing photos to publish. Well done to all competitors at the previous event!

Presidential Comments

Well, the first bush event for 2016 has been run and won with, from my observations, no particular dramas. I'm told that some pelican, who shall remain nameless, transposed controls 82 & 120, just to get you thinking.

I must now publicly give a huge thank you, on both my and the greater regaining community's behalf, to the people who made it all happen. In no particular order, Marj, Jane and their tireless and dedicated band for preparing and supplying a stream of delicious chow right through the night; Susi, who efficiently and singlehandedly tripled as event secretary, admin CEO and results guru; Mike, who severely ramped up the PR department and was, I believe, responsible for the excellent entry numbers, and Simon and Ben for, as always, maintaining and delivering the club trailer and all relevant equipment to and from the event. Not to forget the people who helped set up, pack up and those who put their hands up to collect controls. Well done all.

We have one more metrogaing planned for this year but at least three committee members would like to squeeze in another 6 or 8 hour bush rogaine before the season ends....if this indeed comes about, all

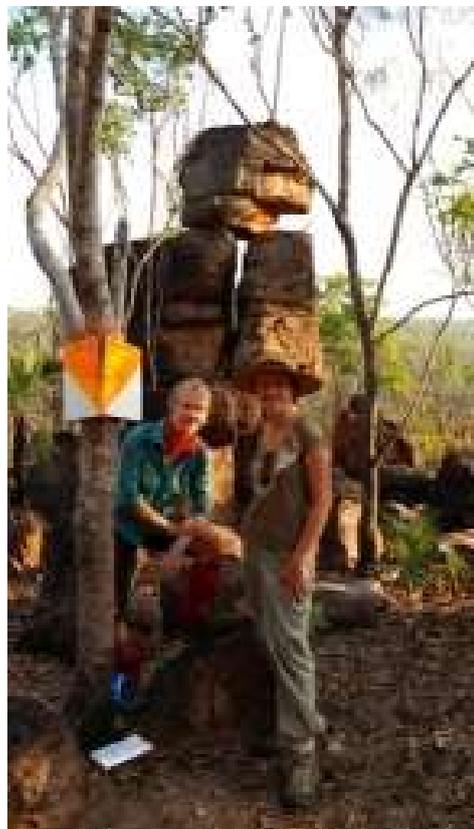


members and past rogainers will be informed post haste. We have the Worlds in Ross River's Red Centre country on the 23/24 th July and the Ozchamps on September 17/18th Nannup in SW Western Australia. The top end already has very healthy entrant numbers in the world champs and as I have done numerous 24 hr events in the SW areas of WA, I encourage as many of our locals as possible to try and fit in both major events. The organisation and the terrain of WARA events is more than worth the trip.

Whilst the object of the NTRA is to get as large a field as possible because, let's face it, the more competitors, the more successful the event, the GGG was run by a skeleton crew of key personnel. Every one of us have lives full to the brim with just getting on with day to day tasks and obligations, so to try to slot club activities into the limited time schedule sometimes takes quite a bit of juggling. There is an enormous amount of work and time needed to offer a successful rogaine, particularly in 12 and 24 hour format so what I'm saying is that if the club is to continue fielding quality events, we need your help. Just one extra body in each organisational area makes all the difference....if you think you'd like to become more involved in the official side of the greatest sport on the planet, please feel more than free to contact any committee member (who are all extremely user friendly) and help ease the burden on the usual suspects. We look forward to seeing you.

Just a small footnote: we enjoy an extremely positive relationship with the Litchfield Park Rangers and so that this stays status quo, we have been asked to keep clear of the Special Education area, opposite the Buley Rockhole turnoff, unless of course we are using that excellent facility as a hash house site. The same nameless individual from the GGG omitted to mark that area as out of bounds on the event map. No harm done, just a friendly reminder.

JP



Next Event: Metrogaine'



When: **Metrogaine Suburban Darwin**

When : Saturday, 8th October, 2016

Where: TBA

What: Back into the Suburbs!

Details: Further details, including entry forms, will be available soon. <http://nt.rogaine.asn.au/> Detailed information and course notes will be distributed on receipt of entry.

Enquiries: info@nt.rogaine.asn.au

Setter:

Vetter:

If you'd like to take part and need a partner, contact us via email info@nt.rogaine.asn.au



Events happening elsewhere:

World Rogaining Championships: 23-24th July 2016

According to the current International Rogaining website, there are still entries available for the next World Rogaining Championships in Alice Springs. (As of the 4th July.) <http://www.rogaining.com/>





"ENTRIES ARE STILL AVAILABLE"

"There is no requirement for entry to have competed in a 24 hour rogaine - all welcome!

See also [latest news](#). " from the 2016 WRC Championship web site - see link above.

Also if you are interested in volunteering for these World Champs in Alice Springs go to the following link to get information and enter details. This is a huge event and it would be great if Territorians could get involved. The organisers are already in the process of allocating people to positions.

<http://worldrogainingchamps.com.au/index.php/event/volunteers/information>

Australasian Championship Event: September 17-18th 2016

This event is being hosted by the WA Rogaine Assn., details are available at wa.rogaine.asn.au/

WARA's Spring 24 Hour Rogaine from 11am on Saturday 17th to 11am on Sunday 18th of September 2016 is the Australasian Rogaining Championship event for 2016.

There are no special entry qualifications required. Anyone, whether social or gun-athlete may enter. The event will be in every way a typical W.A. rogaine - enjoyable by everyone.

The event will be held in the vicinity of Nannup in the state's south-west, which is approximately 3.5 hours' drive from Perth.

Thanks

We would like to thank everyone involved in organising the rogaine last weekend. Special mention to JB, Susie and Marg and helpers for the food. We appreciate that it is a huge effort and really wanted to let you know that how much we realise and appreciate all your efforts. It was our first time and we are very impressed with the organisation of the event.

Thanks

Helen Prichard and Tonia Griffit



Our Top 5 Learnings

The Winners of 6hr Team Anna Richards & Scott Mitchell!

On the Glee, Gulches and Gullies Rogaine Learnings for us were as follows:

1. Consider the terrain when you set your course. We set an average course speed of 4km/h for our all-daylight- hour course. That would have been quite achievable in the ideal conditions. But on this course, the terrain slowed us down considerably. This was due to a combination of things: rocky / unstable walking, heavy undergrowth in areas and a classic boot-sole blow-out requiring temporary repair with electrical tape! The resultant speed in reality was a poultry 3km/hr.
2. Time-checks. Despite the above over-optimisation on course speed, we did plan our course with pre-set time-checks to assess if we were tracking to plan. Because of this, it was revealed very early in the event that we were, in fact, kidding ourselves. So the time-checks worked! It was not nice to eat humble pie within 2 hours from the start, but being informed allows us to take action quickly.
3. Flexibility. So important. We identified during course planning what controls we would drop (if late) and what control we would add (if early). We could not have anticipated how significant a cut was required but happily it was the steep terrain that we left till last. Could you imagine getting stuck around control 120 when tired and demoralised? I would have simply laid down & given up!
4. Be prepared to mix it up. We both took turns navigating on the course allowing the other to mentally recover from the lead. The follower should still be alert; testing the direction is correct, but that's a considerable relief from powering on in the lead. I am a bit hypocritical on this point; between our final control and the hash house Anna was in full control. I was floating along behind - totally burnt out. My only contribution was a 20minute alarm which (in my delirious state) I totally overlooked. So I missed the trigger to run home; the last 1 ½ mins were my bad. Sorry Anna!
5. Pick your run. We won this 6 hour on the ideal opportunity. The lead teams were either testing themselves on the 12 hour or practicing their night nav on the 6 hour. Leaving our modest day-light- hour 6 result as a contender for a win. It's a bit of a Bradbury win but it still counts!

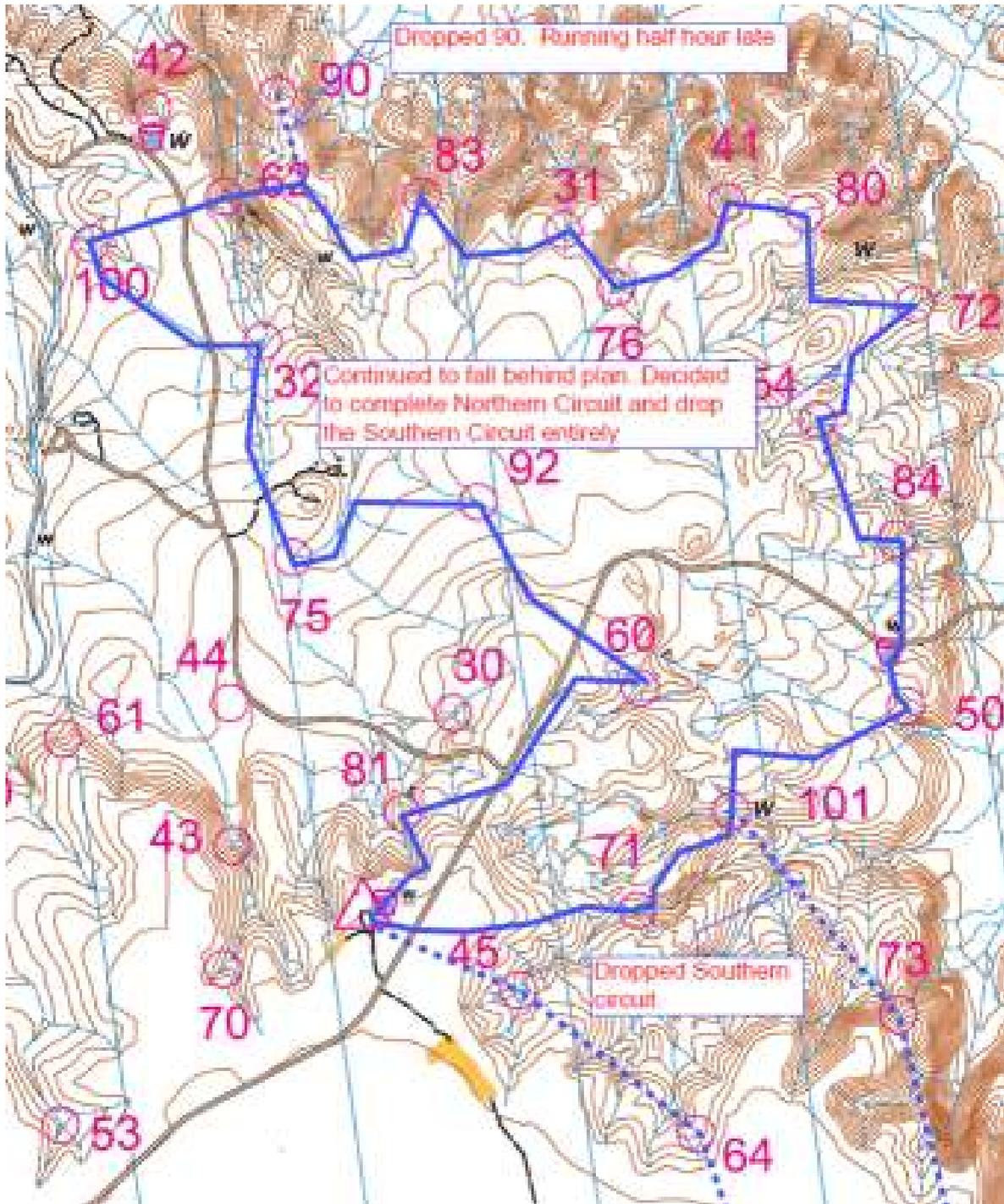
Thanks to JP and all volunteers for such a great event. Particularly, thanks to Marj and her helpers for the most delicious feed imaginable. Looking forward to the next great Rogaining adventure!



Anna Richards; Scott Mitchell



G'G'G' Route Map – 6 Hr Winning Team





Glee Gultch Gullies Scores June - 12 Hr Rogaine

Team No#	Total	Qty Ctrl	Total Time		12 Hr Rogaine																								F	All		
			Hr	M	S	All	Men				Women								Mixed													
							M J	M J	M O	M O	M V	M V	M S	M S	W J	W J	W O	W O	W V	W V	W S	W S	X J	X J	X O	X O	X V	X V	X S	X S		
							0		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MO3	1490	25	11	45	35	1		X	1																						Trevor Paynter, David Bauer	
XV13	1490	22	11	50	34	2																		X	1	X	1				Michael Dunbar, Sue Berger, Verena Tinning	
XSV14	1420	22	11	24	59	3																		X	2	X	2	X	1		Robyn Liddle, Dave Liddle	
MO19	1200	19	8	19	9	4		X	2																						Simon Saunders, Ben Saunders	
WV12	1050	15	10	38	7	5									X	1	X	1											0		Penny Ashburner, Penny Ashburner, Cathy Shilton	
XV23	950	15	9	49	49	6																		X	3	X	3				Adrian Curry, Deb Carr	
XO5	740	12	7	52	18	7																		X	4						Alice Leppitt, Tim Wallace	
XV20	650	11	6	22	0	8																		X	5	X	4				Denis Maddalozzo, Tanja Strive	
XV1	590	8	6	25	20	9																		X	6	X	5				Emily Prichard, Duncan Rance	
XV16	540	9	6	24	49	10																		X	7	X	6				Tori Sherrock, Dave Panjeer, Rose Stephens, Pete Stephens	
XV22	530	10	7	55	30	11																		X	8	X	7				Will Kellermeier, Helen Pitts, Iain McGregor	
WO8	460	9	10	51	25	12									X	2															Caitlin Chisholm, April Payne, Niral Patel	
XO11	440	8	8	21	30	13																		X	9						Steven Baker, Sharon Baker, Mathew Timms	
XSV9	360	7	6	39	2	14																		X	#	X	8	X	2	0	Julie Mastin, Ron Ninnis, Trish Greenfield, Gurmeet Singh	
XSV2	DSQ	DSQ	0	0	0	15																		X	X		X				Annie Whybourne, Dan Baschiera	
XV17	DNS	DNS	0	0	0	16																		X	X						Dave Panjeer, Asha Mahasuria	

6 Hr Roving Scores – Glee Gultches and Gullies June

Team Number	Total Points	Qty of Ctrl	Total Time		6 Hr Roving																					F					
			Hr	Min	Sec	All	Men							Women							Mixed										
						M	M	M	M	M	M	M	M	W	W	W	W	W	W	W	X	X	X	X	X	X	X	X	X	F	
						J	J	O	O	V	V	S	S	J	J	O	O	V	V	S	S	J	J	O	O	V	V	S	S		
XO15	1190	18	6	1	22	1																	X	1							Anna Richards, Scott Mitchell
XO26	1180	20	6	1	10	2																	X	2							Plaxy Purich, Lachlan Hallett
WO10	760	12	5	41	0	3									X	1															Mirjam Kaestli, Zoe Radford
XO7	610	10	5	54	22	4																	X	3							Deborah Holt, Jonathan Ride
WV6	540	10	5	40	44	5									X	2	X	1													Helen Prichard, Tonia Griffiths
WO24	500	9	5	0	54	6									X	3															Meg Walmsley, Pas Coffee
XF21	490	13	6	25	0	7																	X	4				X	1	Kathy Hutt, Jasper Hutt, Lance Hutt	
XSV18	410	8	5	32	20	8																	X	5	X	1	X	1			Heather Ferguson, Sue Heller, Doug Heller
XO4	410	8	5	55	56	9																	X	6							Marianne Foster, Joe D'Arcy
XF28	370	7	3	47	0	10																	X	7				X	2	Stuart Dowley, Jewel Dowley	
XO29	330	6	5	37	38	11																	X	8							Jim Henderson, Kelly Patterson
XF25	DNS	DNS	0	0	0	12																	X					X			Tina Noutsos, Brian Cluney, Aiden Cluney, Charlotte Cluney
XV27	DNS	DNS	0	0	0	13																	X		X						Paul Sharp, Unknown



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