



2017 Committee

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In this Newsletter

Welcome to the Northern Territory Rogaining Association's May 2017 newsletter. This edition contains interesting information on:

- Editor's Note, Caterers Note, Event Secretary.
- Next Event Info
- Hubris, Hamstrings, Heros & Hasbeens: Event Wrap up : Reports, results and photos

Coeeee for Volunteers

The Association invites people who would like to develop their course-setting capabilities. Our calendar has the following events looking for a setter and Vetter: Coomalie Airfield Lot: Proprietor is Mr Richard Luxton. You will need to be available drive to Coomalie for a couple of weekends/days towards the end of June, to install the checkpoints. Contact Scott on [0448 715 449](tel:0448715449); if you can assist. The committee will then provide you with an informative guide(WA manual) in setting up rogaines and experienced setters will available locally for you to contact throughout.

Newsletter Naming Competition

There is a current initiative (ongoing) to design a logo and choose an appropriate name for the Association Newsletter and document Letterhead. The committee has instructed that a prize will be awarded for a successful suggestion. Submit your suggestion to Scott Mitchell, emailing 5meerkats@tpg.com.au

Editor's Note:

As editor I put together reports that are written by you, the competitors/setters/vetters, and would like to thank all those involved, including at the events and people contributing photos to publish. When you are considering attending and event, I encourage you to plan early with your colleagues and take special note of the closing date. People always help by registering early, as our army of volunteers gets transparency with how best to produce an outstanding event for everyone.

From the Caterer

Thanks to the helpers, compared to the last event where there were close to 200 people to feed, this one the numbers were down to about 120, so there was time for the occasional sit down. Catering for numbers over 100 requires a minimum of 6 people, any less than that we might as well take part in the event as it would be easier! Please consider offering your

services as a helper or perhaps you have a partner, friend, mother, father cousin.....?? **Marj**

From the Events Secretary

The last couple of events you will have noticed we have offered Early Bird entries. Many people have taken advantage of these entries with most entries received well in advance. This makes it much easier for organisers and caterers to ensure the right amount of maps and food are available and for entry data to be processed in a timely fashion. There were a small amount of late entries this time, and although we were happy to accept them, it does add pressure to the organisers. This will be the case particularly in a bush event, where numbers should be known a few days before. So ... please continue to take advantage of the Early Bird rates, and get your entries in well and truly before the Closing Date.



Our Next Coomalie Event

Where : Coomalie Airfield

Location

When : Saturday July 8th

Setter : tba.

Event Date: Saturday 1 July

Location: Southern Flinders Ranges, Mt Parry

Times: Registration and Tips and Tricks from 9.00am Maps from 9.00am

Rogaine start times: 12 hour 11am - 11pm 6 hour 1pm - 7pm

Fees: Adult \$60 Concession \$40 Family \$160 Hash House only

\$30 Children under 9 free.

Late fees from 16 June Entries close 23 June

Go to <http://www.sa.rogaining.com.au/> for entries when available.

Overall winners remarks for

H'H'H'Adventure – The

Hikers

By Dan Eakins

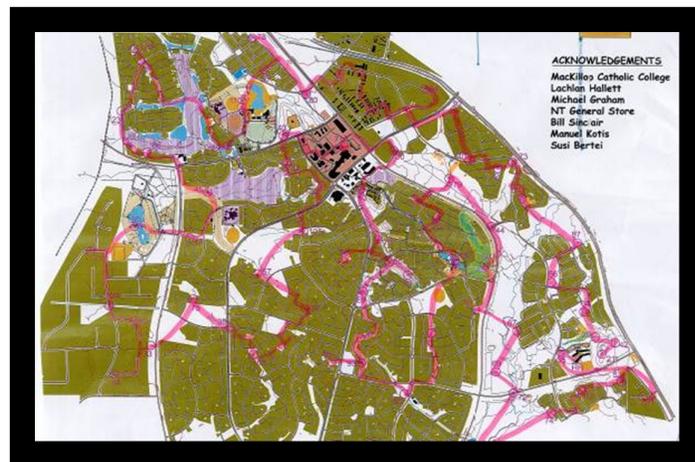
Wow, what an adventure BIG THANKS to all the hard working people who made this happen. The excitement all started at Runners club when I asked the very awesome Ron if he would be my partner for the upcoming Rogaine. His eager reply of "yeah, I should probably do one of those before I die" was good enough for me so an entry form was completed and submitted. Ron did tell me that he hadn't done one before and was not sure what to expect, so it is probably my fault for not telling him NOT to do a 2 hour gruelling bike ride on the Saturday morning and maybe legs won't be super fresh for a triathlon the following morning.



Anyway, got the maps and started the usual staring at the map while I eat a capsicum – vitamin C and they are a wonderful hydrating vegetable. The scale got me thinking that we could clear the course so planned a series of loops that could clear the course but can be short cut should time go faster than our legs. Still no Ron. 15 min before briefing I called Ron and got "Yeah just passing Quest, will be there soon". Briefing finished... 5 minute warning... 1 minute warning... 3 pm, JP calls 'begin' which I think is code for get out of here and give me some peace and quiet. Still no Ron... Unusual feeling – I have always tried to grab the control card within milliseconds of the 'GO'... Ah, Ron spotted walking up from the carpark... 3:02 I'm greeted with "Hey Dan, is there somewhere I can fill up my water bottles" and

"I'm trying out a new electrolyte today"... since my head didn't explode I was able to do a self-reflection and ponder the thought that maybe I was taking this a little too seriously... Breathe in... breathe out... 3:03 (and more seconds that I was happy about at the time) we pulled the only remaining card from the string and lonely pegs – it was a lot less crowded than I was used to. Ron made a good point – what is 3 minutes over 6 hours – blue on black, tears on a river, push on a shove, whisper on a scream and various others courtesy of that song by Kenny Wayne Shepherd...

Ok so we are in business. We headed to the bush controls first thinking daylight is much kinder than darkness for these. We met a few other groups – always reaffirming that your chosen path also seemed like a good choice by others – the ol 'like minds' thing. We worked really well together – Ron proved to be a good navigator so I could relax a bit. First hour proved to be quite good – I estimated about 700 points. Second hour was even better thanks to some of the bigger ones and a bit of jogging/running. We were about one third of the way through the controls – on track to clear the course (funny how you tell yourself things like that). Things seemed to get a bit slower midway through the fourth hour and we decided that course clearing was probably not going to happen so we engaged the short cuts. Then darkness hit and wow that made some controls very hard... We probably spent too much time looking for the invisible trailer (apparently it was visible during daylight hours) and although we know who builds pointless things we were against guessing... 6 minutes to go and we decided to pull the pin on who loves who under the bridge and head for home base. "There is a 60 pointer that is sort of on the way back" I said to Ron, he said "Ok" so we ducked in to grab it. We may not have factored in the circumnavigation of some fences



Daniel and Rons Planned Route, (heading Northwards Initially)

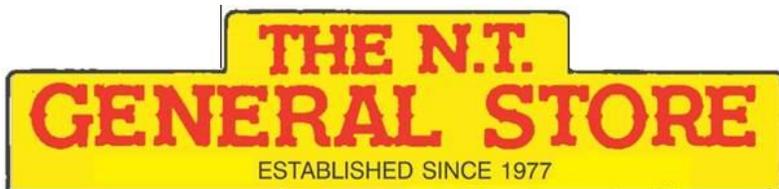
and the timer somehow jumped to 9:02 and some seconds by the time we handed in the control card. We lot 30 points to gain 60 – was worth it. As it turns out, 3 minutes was important... We had Great fun. Thank-you very much to JP and the organising team.



Winners remarks for H'H'H'Adventure a 6 hour foot metrogaîne April 8 2017 by Emily, Duncan, Meli and Liviu

After an intense planning session, our team headed off into the bush to start our metrogaîne. One of our team members had a lucky escape after a slide and scrape on a rocky slope, but luckily no major injury was incurred. We continued on through Zuccoli but took care when Duncan announced "Careful, slippery path ahead, watch out for banana skins" and we saw Melba's bunch of bananas approaching. We reminded them to protect from sunburn so that they didn't peel...

We cooled off briefly at Mitchells Creek and then headed into the point rich area of Gunn and Bakewell, with a convoluted route designed to maximise points and minimise distance. Quite a challenge from the course setter which we appreciated. We remembered to factor in the vagaries of controls

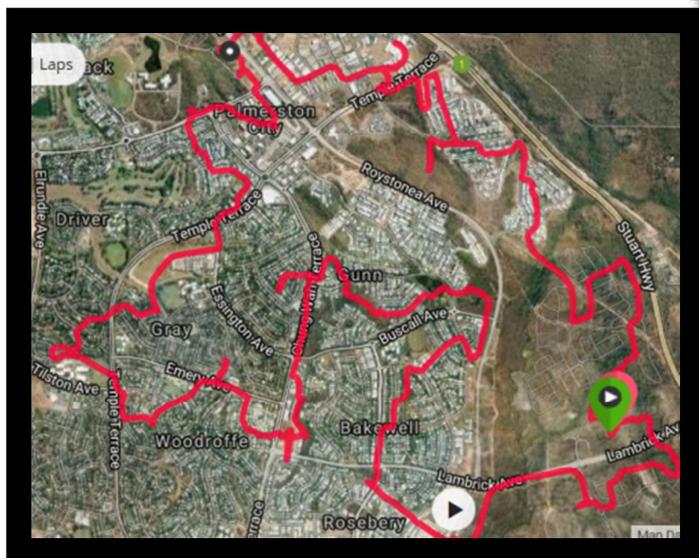


located in gullies, and managed to skirt around the control which we found decorated with a petticoat of palm fronds. Sorry, but we didn't appreciate this. The petticoat was looking a bit tattered and shredded after we left.

Reminds recent NT Rogaine Participants that they are entitled to a discount (10% for cash/savings/cheque and 7.5% for credit card transactions) on everything except G.P.Ss and items that are already reduced.

Through a few more suburbs, appreciating how many Palmerston parks have plaques and signs, and the variety of questions that can be garnered from the humble water main, we rarely saw any other teams. Until one particular park in Driver where we encountered 3 other teams in the space of 3 minutes! Soon after we paused for my photo shoot in front of the sign for Emily Court (thanks Liviu for spotting this).

It was getting dark when we did the long slog through Yarrowonga and then I had the privilege of leading our group through the long grass behind some houses in Farrar. Really thick, tall grass, which I feared had snakes and spiders ready to launch themselves at me. With the



The GPS Recorded Route taken by Emily, Duncan, Meli and Liviu

exception of one property which had closely cropped, manicured lawn right behind its back fence!

We were getting weary but continued on, inspired by the heroes and heroines we saw running along. We left out one control from our planned route, fearing a lack of time, but perhaps it was just a lack of motivation, as we returned with 15 minutes to spare.

When we got back to the Hash House, we were all happy to gorge ourselves on the feast prepared by Marj and her helpers and relax and swap stories with fellow participants. Maybe this is the best part of rogaining? Or is it the satisfaction of having designed a route that was efficient, competitive and achievable by our group? Or the camaraderie and conversations during the 6 hours of hard slog through the streets? We enjoy all of it and thank all of the people who helped this event happen. Thanks for your time and effort so that the rest of us could have a great day out with our friends.



Cyclegain H'H'H' Adventure Palmerston Overall Scores.

| Team No# | Total Points | Qty of Ctrls | Total Time | | | 4 Hour Bike | | | | | | | | | | | | | Team Members | | |
|----------|--------------|--------------|------------|-----|-----|-------------|-----|-----|-----|-----|-----|-------|-----|-----|-------|-----|----|----|--------------|---|---|
| | | | | | | All | All | Men | | | | Women | | | Mixed | | | | | F | |
| | | | Hr | Min | Sec | | | M J | M O | M V | M S | WJ | W O | W V | W S | X J | XO | XV | | | XS |
| MO10 | 3890 | 69 | 3 | 45 | 10 | 1 | 1 | | 1 | | | | | | | | | | | | Andrew Scott, Lachlan Hallett |
| XO18 | 2760 | 45 | 3 | 57 | 5 | 2 | 2 | | | | | | | | | | | | | | Alex Wetten, Hannah Johnston, Christian James |
| MO1 | 2730 | 43 | 4 | 2 | 10 | 3 | 3 | | 2 | | | | | | | | | | | | Chris Reimer, Nick Hubbard |
| WO13 | 2280 | 39 | 3 | 58 | 28 | 4 | 4 | | | | | | | | | | | | | 1 | Emma Host, Donna Kabel, Sarah McEachern, Debbie Hall |
| XO17 | 2250 | 36 | 3 | 54 | 30 | 5 | 5 | | | | | | | | | | | | | | Jeff Richardson, Clare Taylor, Kylie Welch |
| XO11 | 2070 | 37 | 3 | 47 | 36 | 6 | 6 | | | | | | | | | | | | | | Mark Ewins, Gavin Russell, Russell Adams, Pete King, Katherine King |
| XO6 | 2030 | 37 | 0 | 0 | 0 | 7 | 7 | | | | | | | | | | | | | | Belinda Oliver, Matt Jong, Mal Hingston |
| MO3 | 1750 | 30 | 3 | 59 | 24 | 8 | 8 | | 3 | | | | | | | | | | | | Max Mace, Pete Polman, Dave Russell, Simon Watkins, Keogh Conboy |
| XSV2 | 1740 | 27 | 3 | 53 | 9 | 9 | 9 | | | | | | | | | | | | | | Paul Potter, Vicki Potter |
| XV16 | 1670 | 28 | 4 | 0 | 10 | 10 | 10 | | | | | | | | | | | | | | Penny Ashburner, David Palmer |
| XO7 | 1540 | 26 | 4 | 26 | 20 | 11 | 11 | | | | | | | | | | | | | | Lauren Toll, Vaughan Janes, Melanie McColm, Shelley Evans, David Shepherd |
| WO15 | 1530 | 24 | 3 | 48 | 59 | 12 | 12 | | | | | | | | | | | | | | Sam Hayden, Erin Meltam, Nell Stonham, Candice Trobiani |
| F9 | 1510 | 24 | 4 | 0 | 48 | 13 | 13 | | 4 | | | | | | | | | | | | Scott Mitchell, Cooper Mitchell |
| WV19 | 1400 | 20 | 3 | 29 | 45 | 14 | 14 | | | | | | | | | | | | | | Jen Savenake, Heather Ferguson |
| XV8 | 1220 | 21 | 2 | 54 | 20 | 15 | 15 | | | | | | | | | | | | | | David Mcleod, Jodie Mcleod, Ali Croser, David Croser |
| WSV5 | 1030 | 18 | 3 | 50 | 0 | 16 | 16 | | | | | | | | | | | | | | Clare Labowitch, Helen Stuart, Helen Gould |
| XV4 | 910 | 17 | 3 | 50 | 5 | 17 | 17 | | | | | | | | | | | | | | Rose Stephens, Peter Stephens, Moira Wigley, Meredith Baily, Leanne Able |
| XF12 | W/D | W/D | 0 | 0 | 0 | 18 | 18 | | | | | | | | | | | | | | Julie Franz, Robbie Hantelmann, Olivia Hantelmann |
| XO14 | DNS | DNS | 0 | 0 | 0 | 19 | 19 | | | | | | | | | | | | | | Jim Miles, Marie Crimp |



Results HHH'Adventure 3 Hr and 6 Hr Hikes

| Team No | Total | Cnrs | Total Time | | | 6 Hour Hike | | | | | | | | | | | | | 3 Hour Roam | | | | | | | Team Member Names | | | | | | | | | | | |
|--------------|-------|------|------------|-----|-----|-------------|-----|----|----|----|-------|----|----|----|-------|----|----|----|-------------|---|-----|-------|----|----|-------|-------------------|----|----|---|--|--|--|--|--|--|--|-----------------------|
| | | | Hr | Min | Sec | All | Men | | | | Women | | | | Mixed | | | | | F | All | Women | | | Mixed | | | | F | | | | | | | | |
| | | | | | | | MJ | MO | MV | MS | WJ | WO | WV | WS | XJ | XO | XV | XS | WO | | | WV | WS | XJ | XO | | XV | XS | | | | | | | | | |
| MV12 | 2690 | 47 | 6 | 2 | 13 | 1 | | 1 | 1 | | | | | | | | | | 0 | | | | | | | | | | | | | | | | | | Dan Eakins, Ron Griep |
| XO11 | 2610 | 43 | 5 | 45 | 30 | 2 | | | | | | | | | | | | | 1 | 0 | | | | | | | | | | | | | | | Emily Prichard, Duncan Rance, Liviu Schera, Melinda Schera | | |
| XV4 | 2610 | 43 | 6 | 1 | 28 | 3 | | | | | | | | | | | | | 2 | 1 | 0 | | | | | | | | | | | | | | Verena Tinning, Michael Dunbar | | |
| MO7 | 2350 | 38 | 5 | 51 | 5 | 4 | | 2 | | | | | | | | | | | | 0 | | | | | | | | | | | | | | | Simon Saunders, Ben Saunders | | |
| WO2 | 2220 | 36 | 5 | 47 | 40 | 5 | | | | | | | | | | | | | | 1 | 0 | | | | | | | | | | | | | | Ruth Eberhardt, Sally Lamond | | |
| XSV10 | 1970 | 31 | 5 | 45 | 30 | 6 | | | | | | | | | | | | | | 3 | 2 | 1 | 0 | | | | | | | | | | | | Robyn Liddle, Dave Liddle | | |
| MV8 | 1860 | 32 | 6 | 7 | 34 | 7 | | 3 | 2 | | | | | | | | | | | | 0 | | | | | | | | | | | | | | Russell Willis, Patrick Gray | | |
| XV14 | 1810 | 29 | 5 | 45 | 10 | 8 | | | | | | | | | | | | | | | 4 | 3 | 0 | | | | | | | | | | | | Tori Sherrock, Dave Panjer, Asha Mahsuria, Bec Gault, | | |
| MV18 | 1810 | 29 | 5 | 45 | 52 | 9 | | 4 | 3 | | | | | | | | | | | | | 0 | | | | | | | | | | | | | David Rumball, Greg Holt | | |
| XV16 | 1720 | 31 | 5 | 45 | 20 | 10 | | | | | | | | | | | | | | | 5 | 4 | 0 | | | | | | | | | | | | Fran Edis, Craig Edis, Mirjam Kaestli, Cherie Whitbread | | |
| XO21 | 1710 | 28 | 5 | 25 | 59 | 11 | | | | | | | | | | | | | | | 6 | | 0 | | | | | | | | | | | | John Shanahan, Claire Shanahan, Alexandra xxx | | |
| WO1 | 1320 | 24 | 6 | 9 | 32 | 12 | | | | | | | | | | | | | | | | 2 | 0 | | | | | | | | | | | | Renee Alexander, Rachael Wright | | |
| XO22 | 1250 | 24 | 4 | 7 | 10 | 13 | | | | | | | | | | | | | | | | | 7 | 0 | | | | | | | | | | | Lisa Ward, Paul Burgess | | |

